

TEXAS A&M UNIVERSITY
B.S. DEGREE PLAN IN KINESIOLOGY
EXERCISE IN SPORT SCIENCE (EST)

STUDENT _____ UIN# _____
 (Last) (First) (MI)

Writing Requirements: KINE 407 & KINE 435 Foreign Language: (2 yrs HS or 2 semesters University) _____

International Cultural Diversity (3) _____ Cultural Discourse (3) _____ Phone Number _____

COURSE #	TCCNS	COURSE #	TCCNS
COMMUNICATIONS (6)		KINESIOLOGY MAJOR COURSEWORK (24)	
ENGL 103 or 104 – Comp & Rhetoric	ENGL 1301	%KINE 199M – Majors Resist/Flex	
^ENGL	core.tamu.edu	KINE 121 – Motor Fitn Assess	
MATH (6)		KINE 213 – Foundations of Kinesiology	KINE 1301
MATH 140 – Business & Social Sci.	MATH 1324	KINE 305 – Sport Nutrition	
MATH 142 – Business Math II	MATH 1325	KINE 307 – Lifespan Motor Dev	
LIFE AND PHYSICAL SCIENCE (17)		KINE 318 – Care of the Athlete	
BIOL 107 – Zoology	BIOL 1413	KINE 324 – Career Coach & Youth Dev	
PHYS 201 – College Physics I	PHYS 1401	KINE 340 – Strength and Conditioning	
BIOL 319# – Hum Anat & Phys I	BIOL 2401	KINE 404 – Coaching Psychology	
BIOL 320# – Hum Anat & Phys II	BIOL 2402	COACHING ELECTIVES (7)	
KINE 120 – Sci Hlth & Fitness		KINE 215 – Fundamentals of Coaching	
LANGUAGE, PHIL, CULTURE* (3)		^Coaching Elective	
	core.tamu.edu	^Coaching Elective	
CREATIVE ARTS* (3)		KINESIOLOGY (15)	
	core.tamu.edu	KINE 406 – Motor Learning	
SOCIAL SCIENCE (3)		+KINE 407 – Motor Control Laboratory	
PBSI 107 – Intro to Psychology	PSYC 2301	KINE 426 – Exercise Biomechanics	
CITIZENSHIP* (12)		KINE 428 – Exercise Biomechanics Lab	
HIST *	core.tamu.edu	KINE 427 – Therapeutic Principles	
HIST *	core.tamu.edu	KINE 433 – Exercise Physiology	
POLS 206 – American National Govt	GOVT 2305	+KINE 435 – Exercise Physiology Lab	
POLS 207 – State and Local Govt	GOVT 2306	~FREE ELECTIVES (12)	
SUPPORTING COURSEWORK (12)			
NUTR 202 – Fund of Nutrition	BIOL 1322		
PBSI 307 – Developmental Psychology	PSYC 2314		
^Prof Dev ELECTIVE			
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Important Information:

BOLD courses indicate prerequisite classes that **MUST** be taken before the **Shaded** KINE courses

^See General rules and/or spreadsheet list of appropriate courses

BIOL 319 is a pre-requisite for BIOL 320. If you take BIOL 2401 instead of BIOL 319, you must then take BIOL 2402 instead of BIOL 320

*Refer to core.tamu.edu to select courses to satisfy the University Core Curriculum. Proper selection of courses might meet ICD or CD requirements

+ KINE 407 and KINE 435 will fulfill the University Core Curriculum Writing Requirement; Must be taken with or after corresponding lecture

%Student must take Majors Resist/Flex

~Free Electives can be any 100-499 course taken that does not fulfill another requirement

STUDENT _____ DATE _____ MINIMUM HOURS REQUIRED: 120

ADVISOR _____ DATE _____ PROPOSED GRAD. DATE: _____